



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Saint Hedwig, Religious

Lectionary: 658: Sir 26:1-4, 13-16/Ps 128:1-2, 3, 4-5/Jn 8:31b-32/Mk 3:31-35

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

Sir 26:1-4, 13-16

Happy the husband of a good wife; the number of his days will be doubled. A loyal wife brings joy to her husband, and he will finish his years in peace. A good wife is a generous gift bestowed upon him who fears the Lord. Whether rich or poor, his heart is content, a smile ever on his face.

A gracious wife delights her husband; her thoughtfulness puts flesh on his bones. A silent wife is a gift from the Lord; nothing is worth more than her self-discipline. A modest wife is a supreme blessing; no scales can weigh the worth of her chastity. The sun rising in the Lord's heavens—the beauty of a good wife in her well-ordered home.



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Responsorial Psalm

Ps 128:1-2, 3, 4-5

R. Blessed are those who fear the Lord.

Blessed are all who fear the LORD, and who walk in his ways. What your hands provide you will enjoy; you will be blessed and prosper.

R. Blessed are those who fear the Lord.

Your wife will be like a fruitful vine within your home, Your children like young olive plants around your table.

R. Blessed are those who fear the Lord.

Just so will the man be blessed who fears the LORD. May the LORD bless you from Zion; may you see Jerusalem's prosperity all the days of your life.

R. Blessed are those who fear the Lord.



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Alleluia

Jn 1:49b

R. Alleluia, alleluia.

If you remain in my word, you will truly be my disciples, and you will know the truth, says the Lord.

R. Alleluia, alleluia.

Gospel

Mk 3:31-35

Jesus' mother and his brothers arrived. Standing outside they sent word to him and called him. A crowd seated around him told him, "Your mother and your brothers [and your sisters] are outside asking for you." But he said to them in reply, "Who are my mother and [my] brothers?" And looking around at those seated in the circle he said, "Here are my mother and my brothers. [For] whoever does the will of God is my brother and sister and mother."